

WANT TO IMPROVE YOUR GOLF GAME?

RESEARCH PARTICIPANTS NEEDED

**SCIENCE BASED BODY HAS TEAMED WITH
RIDGLEA COUNTRY CLUB AND THE UNIVERSITY OF TEXAS -
ARLINGTON TO PERFORM A CLINICAL RESEARCH STUDY.
GRAVITY FORCE MULTIPLICATION (GFM) THROUGH
WHOLE BODY VIBRATIONS HAS BEEN PROVEN
TO INCREASE BALANCE, STRENGTH, HIP FLEXIBILITY,
CORE STABILITY AND POWER!**

RESEARCH PARTICIPANTS NEEDED:

**ALL GOLFERS 17 YEARS & OLDER,
WITH NO MAJOR SURGERIES WITHIN
ONE YEAR, ARE WELCOME**

RESEARCH WILL REQUIRE:

**TRAINING 3 DAYS A WEEK FOR
4 CONSECUTIVE WEEKS**

PRE-TESTING PRIOR TO TRAINING

POST-TESTING AFTER 4 WEEKS COMPLETED



**SIGN UP AT EITHER COURSE, OR CONTACT MELISSA
HARRISON IN THE FITNESS CENTER AT 817-732-8111 OR
MELISSA@RIDGLEACOUNTRYCLUB.COM**